

## QC GIRLS LACROSSE CAMP

We are very excited to announce this summer's Girls Lacrosse Summer Camp. Quinn Carney joins us again this year to instill a tradition of fun and learning while taking your game to the next level.

### LOCATION

The camp will be on the turf field at Hunterdon Central High School on Route 31 in Flemington, NJ.

### WHAT TO EXPECT

Nothing less than the best! The camp will offer a complete learning program for every lacrosse player. Included are all aspects of the game, from stickwork, passing and shooting to the defensive end of the field. The players will also have a chance to improve on real game situations, communication, game strategies, teamwork and an overall understanding of lacrosse.

**Who is Eligible?** 3rd through 12th grades

**How Much?** \$175 per camper

**What are the dates and hours?**

August 4-6, 2008

9am to 2pm

**What do you get?** Instruction from some of the best players in the world, a fun and exciting way to learn and improve lacrosse skills, and free prizes!

**What do you bring?** Yourself, your stick, your mouthguard, goggles, cleats, a waterbottle and a snack/lunch.

**Goalies?** Yes, goalies welcome! Please bring own equipment.

\*A special thanks to the Red Devil Girls Lacrosse Booster Club for their sponsorship and support!\*

FOR FURTHER INFO, PLEASE CONTACT  
CATHY MUMFORD  
AT 908-284-9185 OR MUMS@JUNO.COM

## MEET THE STAFF

### Quinn Carney

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- 1997 Hunterdon Central grad, 4-year MVP
- 2001 University of Maryland grad
- Four-time National Champion
- Two-time All American
- 2001 ACC Tournament MVP
- US Team Member, 1998-present
- 2001 World Champion
- 2005 Silver Medalist
- 2005 All-World Team
- Stanford University Assistant Coach, 2001-2004
- UMBC Assistant Coach, 2007-present

### Ali Levendusky

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- UMBC player 2004-2008
- Four-year starter
- Four-time All-Conference honors
- Ranks 2nd all time at UMBC, single season goals
- Ranks 4th all time at UMBC, career goals

### Sarah Willis

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- UMBC player 2006-present
- Two-year starter as a sophomore
- Ranks in top 5 in 2008 for ground balls and draws

**Cathy Mumford** has a long history of supporting women's lacrosse. She currently serves as Trustee and Conference Scheduler for the New Jersey Junior Girls Lacrosse League. Her mission is to instill a love of the game of lacrosse in youth players through a solid foundation of skills, positive coaching, and competitive games.

A SPECIAL THANKS TO OUR SPONSORS!



## APPLICATION

Please tear off this panel, complete BOTH SIDES and return all with a \$175 check

Payable to:  
Quinn Carney

Registration Deadline: July 23th, 2008

Mail to:  
QC Girls Lacrosse Camp c/o Cathy Mumford  
30 Sutton Farm Road  
Flemington, NJ 08822

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

PHONE: \_\_\_\_\_

PARENT EMAIL: \_\_\_\_\_

BIRTHDATE: \_\_\_\_\_

HIGH SCHOOL: \_\_\_\_\_

GRADE: \_\_\_\_\_ GRAD YEAR: \_\_\_\_\_

POSITION: \_\_\_\_\_

YEARS OF EXPERIENCE:

HSVarsity: \_\_\_\_\_ HSJV: \_\_\_\_\_ Fr: \_\_\_\_\_

Other: \_\_\_\_\_

\*REMEMBER TO COMPLETE THE BACK OF THIS FORM\*