

“Honoring the Game” can be interpreted in a variety of ways. But to really understand the meaning you have to go back to when the game was first played. The American Indians invented the game and they actually used it to settle disputes within the tribe. These Indians played the game with such passion and ferocity that people use to die while playing the game. The game back then was dangerous, yet these Indians continued to play and it showed their commitment and desire.

Today, people have come up with all kinds of ways to honor the game these people played. To me though honoring the game is not about winning or losing, shared playing time, or anything else. To really honor the men who lost their lives playing the game is to play the game with a hundred and ten percent effort. If you play the game with the same intensity, passion and strength the founding fathers of this game did, then you are truly honoring their memories and their game. Lacrosse is a great sport, but if a player is not playing to his or her potential than it takes away from everyone else.

I try to honor the game every time I step on the lacrosse field. A player really does not have that many games in their lacrosse career, and if they waste one second of any game than they do an injustice to the founders of lacrosse. Therefore, I always give everything I can when I am playing so when the game is over I can hold my head up high and run off the field with dignity.

I play attack, and I pride myself on making the defense work as hard as possible when they are clearing the ball. Most teams usually allow the defense to clear the ball quite easily, but it really doesn't take a lot of athletic skill to put pressure on the defense. The reason most players do not do this is because it is difficult and tiring. This is an example of something I have noticed throughout my life. When things get difficult some people quit without putting out the effort that can make a difference in the outcome of something.

“Honoring the Game” is a great idea, and I believe that everyone should honor the people that founded such an amazing game. People today really do not thank the people that come before them, and playing to your full potential every time you step on the field is the way to remember them. It's just such an amazing feeling to come off the field after a hard fought game and know that you put it all on the line for your team. In the end, to me it all comes down to giving it your all every time you march on the field.